

Pilgrim Preschool Toileting Policy

Being able to handle one's bodily functions is an important learning experience. Between 2 and 3 years of age, children typically become physically, cognitively and emotionally ready to begin using the toilet. Pilgrim will work in partnership with you to help make mastering the skill of using the toilet a pleasant experience.

What you will need to do to:

- Work with your child on being "toilet aware"
- Share information on what you are doing at home; what works; inform if your child hasn't "gone" that day, etc.
- Have your child wear "Pull-ups" while at school
- Dress your child in the easiest clothes for him/her to manage (elastic waist, no long shirts, long skirts or long dresses)
- Schedule a brief meeting with the teacher a day or two ahead of the time you are targeting to be "underwear day"
- Make sure your child's cubby has a change of clothes (even socks) in a labeled bag

What we will do:

- Have toilet time built into the daily routine schedule; frequently remind children that it's bathroom time
- Take individual children and small groups to the bathroom (positive peer pressure!)
- Acknowledge/congratulate a child's success even if the child simply participated in the bathroom visit
- Help children with clothes as needed; remind the children to wipe, flush and wash their hands
- Accept that accidents happen and treat the incident with respect and "matter of factness"
- Teachers will change a child who has had a urinary accident (please remember to check/restock your child's cubby clothes regularly); soiled clothes are required to be sent home in a sealed and labeled bag

- **The teacher will call the first contact on the Immediate Contact List for a BM accident unless you want to leave a different number.** We will not let a child stay in soiled clothes for more than 15 minutes. If you can promptly get to the class to change them it is especially appreciated!

Please remember Pilgrim has had a long-standing policy regarding diapers. Diapering stations require extra space, hygienic supplies and staffing. We understand this is an inconvenience, but we thank you for helping us help your child in this important milestone. Each child is unique and in a different place on the road to mastery. The good news is that they all get down that road eventually!